

You may wonder what electromagnetic frequencies (EMFs) have to do with spirituality... well, *everything!* We have very subtle energy bodies and too many EMFs from cordless or mobile phones, wireless connections (Wi-Fi) and other common electronic devices can block our power to *'tune in'* and interfere with our ability to tap inner guidance and reach divine energy.

### ***Cordless phones***



*What most cordless phone users don't know is that these phones (also known as digitally-enhanced cordless telecommunications or DECT) broadcast interference 24/7 in our homes regardless of if we ever make a call. The moment that we plug in cordless phones, the EMFs are emitted.*

Radio frequency detectors enable people to hear for themselves what cordless phones, mobile phones and Wi-Fi are doing in their homes. When people listen to the electromagnetic noise, they begin to wonder how they can cut down on the EMF pollution!

*Click on the links below to hear what common EMFs sound like:*

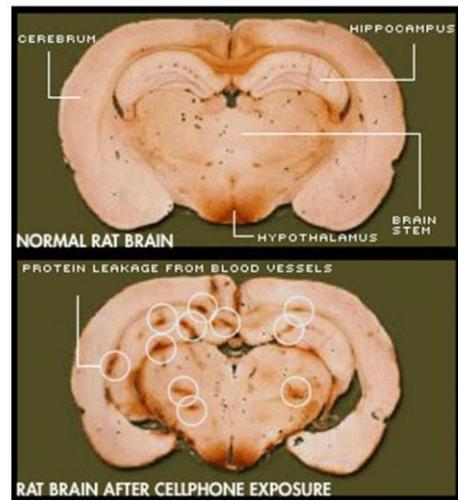
*Please click on <http://lftyourspirit.net/news> For the actual sounds*

[DECT cordless phones](#)

[Mobile phones](#)

[Wi-Fi](#)

[3G emanations](#)



*EMF damage photographed brain damage with two hours cell phone exposure to rats .*

You may wonder what electromagnetic frequencies (EMFs) have to do with spirituality... well, *everything!* We have very subtle energy bodies and too many EMFs from cordless or mobile phones, wireless connections (Wi-Fi) and other common electronic devices can block our power to *'tune in'* and interfere with our ability to tap inner guidance and reach divine energy.

### ***Cordless phones***



*What most cordless phone users don't know is that these phones (also known as digitally-enhanced cordless telecommunications or DECT) broadcast interference 24/7 in our homes regardless of if we ever make a call. The moment that we plug in cordless phones, the EMFs are emitted.*

Radio frequency detectors enable people to hear for themselves what cordless phones, mobile phones and Wi-Fi are doing in their homes. When people listen to the electromagnetic noise, they begin to wonder how they can cut down on the EMF pollution!

*Click on the links below to hear what common EMFs sound like:*

*Please click on <http://lftoyourspirit.net/news> For the actual sounds*

[DECT cordless phones](#)

[Mobile phones](#)

[Wi-Fi](#)

[3G emanations](#)

Luckily, harmful subtle frequencies can be changed. I have researched and experimented (with a little help from my friends) with various means to help mitigate EMF's produced by cordless and wireless devices.

Here are some solutions:

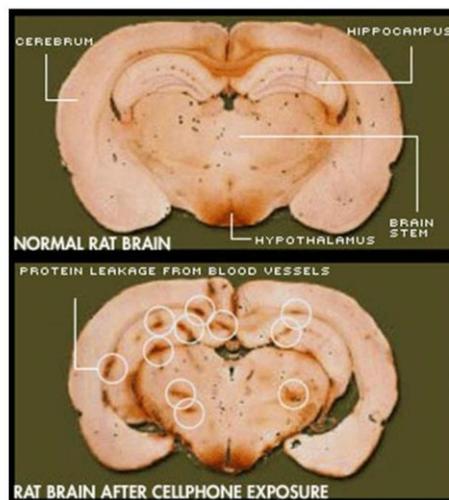


1) [Special Ohm symbol](#) (shown left), taped on phones or even electric sockets, help transmute energies. [Click here](#) so you can print this energy clearing Ohm out on a letter-sized sheet or blank page label paper and make stickers. The link is at the bottom of the web page.

2) [EarthCalm](#) products also help to mitigate EMFs by creating an opposite-wave, or energetic white-noise, neutralizing the EMF radiation. The Omega Wi-Fi and Quantum Cell products both work great! Along with a group, I did a Kinesiology test for effect on the immune system and it passed. Also the Scaler-Pendantgrounding for electric works really well too. My favorite EarthCalm items are available for sale on my [products page](#).

*EarthCalm products have a 90 day guarantee or your money-back.*

3) [RF protector cloth](#) You can wrap up your mobile devices or make a pouch! The heavier the fabric, the lower the EMFs. The thinner cloth allows some radiation which is necessary for device functionality.



*EMF damage photographed brain damage with two hours cell phone exposure to rats .*

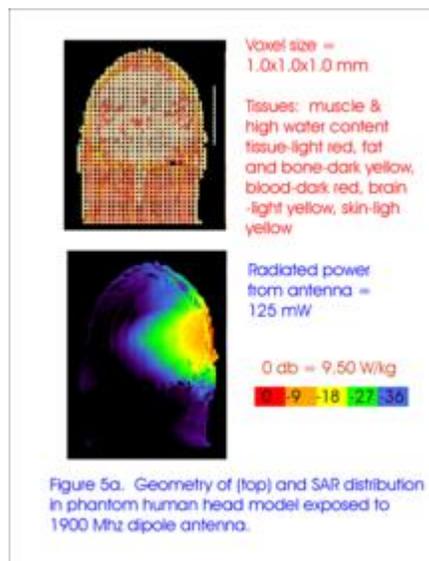


Figure 5a. Geometry of (top) and SAR distribution in phantom human head model exposed to 1900 MHz dipole antenna.

4) [Air tubes](#) You can also buy stereo air tubes for cordless and mobile phones. Safe & Smart® air tubes have a good quality microphone and they help keep radiation from your brain as there is no wire from the mic to the head -- just a stereo air tube.

5) [Turn It Off](#) Unplug and power-down your devices at night, that way your body gets it's its much needed, EMF-free rest.

## **Live Blood and Electrosmog**

Here is a report from **Dr. Magda Havas, B.Sc. Ph.D.**  
**Environmental & Resource Studies, Trent University, Peterborough, Ontario, Canada, K9J 7B8**

The video clip on this has very good information on the dangers of cell phones, and the problems of political apathy towards this research...a must see.

*"I made a short (2-1/2 minute) video for YouTube on what I found when I looked at my blood under a microscope before and after using a computer and a mobile phone. My blood returned to "normal" after 10 minutes away from a computer. Live blood analysis may be a useful diagnostic for testing people who are electrically sensitive." Dr. Havas*

Please share this video with others who may be interested in EHS and Electrosmog.

<http://www.youtube.com/user/magdahavas#p/u/5/L7E36zGHxRw>

*Donna Joyce is a VortexHealer, Theta-Healer and Divine Healing practitioner a well as Angel Workshop Facilitator. Donna works with Divine Mother and the Angelic Realm.*

**Angel Light & Lift Your Spirit Healing**  
**1-877-543-2546 info@liftyourspirit.net**

[Http://liftyourspirit.net/news](http://liftyourspirit.net/news)